## Doynton Parish Pump

Easter is just around the corner, if it would only stop raining ... The annual **Lenten lunches** will be taking place in Holy Trinity church every Friday in March  $-6^{th}$ ,  $13^{th}$ ,  $20^{th}$  and  $27^{th}$  – from 12.30 p.m. Please do come along and join us for soup, sandwiches and cake: donations will go to Jamie's Farm, a local charity which works to re-engage disadvantaged young people who are at risk of social or academic exclusion.

The latest round of the legendary **playing field quiz** will take place in the village hall on Saturday March 14<sup>th</sup>; arrive from 7.30 p.m. for a prompt start at 8 p.m. The cost is £12 per team of four. Proceeds to Doynton playing field. Contact Jane Stewart (tel. 937 3299); Mark Pitman (937 2583) or Martin James (937 2287).

WI news: The speaker in February was Helen Mackie of the Jessie May Children's Hospice at Home. Jessica May Purrington was born with a serious genetic condition and died at the age of just 41/2 months. Her parents, Chris and Philippa, founded the charity in 1996 to provide nursing and respite care for children and young people who are not expected to live beyond the age of 19. When the Jessie May nurse arrives, the child's parents can take that essential break that enables them to carry on, knowing that their sick or disabled child is in the best of hands. The monthly competition, "a childhood toy", produced several loved-to-death teddies and a peek-a-boo clown. Next month's meeting will feature a talk by Graham Hunter of Freewheelers EVS, a group of volunteer motorcyclists who deliver urgently needed blood and medical supplies around the South West. All welcome at Doynton village hall on Wednesday March 12<sup>th</sup>, 7.30 p.m. The competition is "a heartshaped item". Please bring chocolate eggs for the children of Grimsbury Park School and any surplus packets of garden seeds for our seed stall.

## Cardiopulmonary resuscitation and defibrillator training

A few notes following the evening with Dr Andy Georgiou in the Village Hall on January  $27^{th}$  – many thanks to Andy for his excellent presentation and continued support with defibrillator training.

If faced with a person who has suffered a potential cardiac arrest:

• ensure your own safety

• if person does not REACT and is not BREATHING normally, contact the emergency services IMMEDIATELY – dial 999 for an ambulance.

Once you have alerted emergency services, give chest compressions at the rate of 100–120 per minute. (The tunes Staying Alive or Nelly the Elephant will remind you of the correct rhythm and speed.) Continue chest compressions until help arrives. You may need to alternate doing compressions with someone else, because it is quite tiring. Count down 3,2,1 to hand over.

If you are able to get help from someone nearby, ask them to collect the defibrillator from the church porch. Turn on defibrillator: a recording will explain how to place the electrode pads on the victim's bare skin. Stand back from the patient (like they do on TV) while the defibrillator delivers the electric shock.

## **REMEMBER: TRY YOUR BEST TO SAVE A LIFE**

**Dog fouling:** an appeal to dog owners to clean up after your dog around the village. The problem is particularly acute on the grass verges near Summers Field, where a waste bin is available. Dog mess is unpleasant and a health hazard – please be a responsible owner!

## Dates for your diary (also at www.doyntonvillage.org)

Mondays, 2.30 p.m.: **Meet the Neighbours** in the Cross House Inn. Tel. Jenny Bartram (937 4561) or Sue Merrall (937 3497).

Saturdays March 7<sup>th</sup> and 21<sup>st</sup>: **Doynton Village Market** in the village hall.

Thursday March 26<sup>th</sup>: 7.30–9.00 p.m. in the village hall: **Filling Station** Christian worship. Tel. Sara (303 9095)

Saturday May 30<sup>th</sup> and Sunday May 31<sup>st</sup>: **Doynton Open Gardens**, in aid of St Peter's Hospice and RUH Forever Friends. Tea and cake available in Holy Trinity Church.